

**INDUSTRIAL ACCIDENT/INJURY: DESIGNATION OF PHYSICIAN,  
CHIROPRACTOR OR ACUPUNCTURIST**

Employees seeking medical treatment as a result of industrial accident or injury are required to use the services of an authorized provider unless prior designation of a personal physician has been made.

1. Thirty days after the date an injury is reported, an employee may be treated by a doctor of his/her own choice. The employee must provide to District Human Resources with the contact information for the new provider. The employee must provide the claims administrator with the contact information for the new provider.
2. However, if the employee has notified the employer prior to the date of the injury that he or she has a personal physician; the employee can be treated by that physician from the time that the injury occurred. A personal physician is defined as the doctor who has previously directed the medical treatment of the employee and who retains the employee's medical records and medical history.
3. Upon the request of the employee, the employer shall provide the employee with an appropriate form on which the employee may indicate the name of his or her personal physician, chiropractor or acupuncturist.
4. A copy of the designation form shall be filed in the employee's personnel file and a copy will be sent to the District Payroll Office.

California Labor Code Section 4600