

**MEAL AND REST PERIODS**

1. Classified employees working a period of seven (7) hours or more are entitled to a meal period and morning and afternoon rest periods. Meal periods shall be not less than thirty (30) minutes. Rest periods shall be based on the total hours worked daily at the rate of fifteen (15) minutes net rest time per four (4) hours or major fraction thereof.
2. Classified employees working a period of six (6) hours are entitled to a thirty (30) minute meal period and morning rest period of fifteen (15) minutes.
3. Classified employees working a period of more than five (5) hours are entitled to a meal period of not less than thirty (30) minutes. The meal period may be waived by mutual consent of the employee and supervisor.
4. Rest periods are not required for employees whose total daily work time is less than three and one-half (3-1/2) hours.
5. Employees working a 10-hour shift shall be granted an additional 10 minute rest period to either the pre-lunch or the post-lunch break for a total of 25 minutes per rest period.

California Labor Code, Section 512  
Public Employees, Local 1, Article 23