

### EMPLOYEE ASSISTANCE PROGRAM

All full-time faculty, monthly classified, and managers are eligible to utilize the Employee Assistance Program.

1. The following services are available to the employee and eligible family members:
  - a. Face to face counseling for:
    - 1) marital or family problems
    - 2) alcohol dependency
    - 3) relationships
    - 4) emotional problems
    - 5) stress
    - 6) other issues
  - b. Telephone counseling for:
    - 1) legal matters
    - 2) financial issues
    - 3) child and elder care assistance
    - 4) federal tax consultation
    - 5) pre-retirement planing
    - 6) organizing life's affairs
2. Each eligible member is entitled to ten (10) visits for counseling.
3. Information discussed is a confidential matter between the member and the provider. The District receives only information regarding areas of usage and the number of participating members.
4. Information brochures may be obtained from any Human Resources Office.