



## Protecting yourself and those around you Flu shots now available

Click the link or scan the QR code below to connect and learn about the **flu and vaccines available**.

- Overview of the flu and who should get the flu shot
- Signs and symptoms of the cold, flu, and COVID-19
- Ways to get care through telehealth services
- Reasons to get the flu shot and where to get one



[Contra Costa Community College District  
https://www.brainshark.com/kp/4CDFluShots](https://www.brainshark.com/kp/4CDFluShots)

